

## One Breath Freediving Ltd

Shop 4, 76 Lampuki Street, St. Paul's Bay, MALTA

[www.onebreathfreediving.com](http://www.onebreathfreediving.com)

[info@onebreathfreediving.com](mailto:info@onebreathfreediving.com)

(+356) 7980 1668



# Malta Price List: 2023 (v1.0)

## Freediving Courses:

<b>AIDA1: Introduction to Freediving (1 Day)</b>	€150
<b>AIDA2: Freediver (3 Days)</b>	€395
<b>AIDA3: Advanced Freediver (4 Days)</b>	€480
<b>AIDA4: Master Freediver (5 Days)</b>	€575
<b>AIDA Monofin (1 Day)</b>	€150
<b>AIDA Crossover Evaluation (1 Day)</b>	€150
<b>AIDA Instructor Course (8-10 Days)</b>	€1200
<b>AIDA Instructor Crossover Course (5-6 Days)</b>	€700
<b>AIDA Youth Courses (Bronze, Silver, Gold Dolphin or AIDA Junior)</b> (2-3 Days each)	€350 each course
<b>One-to-one private course (any AIDA course listed above)</b>	Price x2
<i>(Courses Include; study material, certification, equipment rental &amp; pool fees)</i>	

## Course Special Offers:

<b>AIDA1 &amp; AIDA2</b>	(save €55) €490
<b>AIDA2 &amp; AIDA3</b>	(save €80) €795
<b>AIDA3 &amp; AIDA4</b>	(save €80) €975
<b>AIDA4 &amp; AIDA FEMR - First Aid &amp; CPR</b>	(save €70) €755

*(Must be taken by one individual with courses running consecutively)*

## Group Courses:

<b>Group of 3</b>	5% Discount
<b>Group of 4</b>	10% Discount

*(Students must be taking the same level course and together as a group)*

***The Home of Freediving in Malta & Gozo!***

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### Other Courses:

<b>AIDA Freediving Emergency Medical Responder Course - First Aid &amp; CPR (2 Days)</b>	€250
<b>Freediving Photography (non-certification course)</b>	€120

### Training, Guiding & Exploring:

Single Freediving Session €65

- Up to 2hrs line training or guided exploring or a combination

**6+ Sessions Package** (save €5ps) €60

**Customised Coaching & Course Packages** ENQUIRE

Dry Workshop (Equalisation, Stretching, Visualisation etc) €40

Personal Training/Coaching (One-to-one Session) €120

Personal Training/Coaching (One-to-two Session) €180

*(Certified freedivers only)*

### Training, Guiding & Exploring Sessions (Additional):

Gozo Day Trip 2 Persons: €35pp / 3 Persons: €30pp

Night Freediving Session €20

Freediving & Sailing Boat Day Trip to Comino Enquire

### Equipment Rental (for accompanied training):

Full Equipment: (mask, snorkel, wetsuit, bi-fins, weights & belt) €22

**6+ Sessions Full Equipment Package** (save €4ps) €18

Wetsuit & Hood €12

Mask & Snorkel €6

Fins & Socks €6

Weights & Weight Belt Included

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### Other Equipment Rental:

Hood: €4 / Gloves: €4 / Nose Clip: €4 / Torch: €10 / Dive Computer:

€15 / Monofin: €10 / Camera: €15 / Neck Weight: €4

*(All equipment rental prices are per day)*

### Underwater Photography & Videography:

Underwater Digital Photography €30

Underwater Digital Videography €30

**Digital Photo or Video Multi-Session** (save €5ps) €25

*(Price not including dive session cost)*

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